

## Raleigh Author Releases New Book About Depression

July 24 &ndash; North Carolina writer Maureen Sherbondy has published her third book of poetry, *Weary Blues*. Sherbondy, a Raleigh, North Carolina fiction writer and poet, has written a poetry collection that will help individuals affected by depression. &nbsp; Sherbondy is an award-winning poet and fiction writer. Her stories have appeared in *Stone Canoe*, the *North Carolina Literary Review*, *Southeast Review*, and the *Sierra Nevada College Review*. She is a previous winner of the *Piccolo Spoleto Fiction Open*, as well as a finalist in *Southeast Review*'s Best Short-Short Story Contest. Her previous poetry collection, *Praying at Coffee Shops*, won first place in the Poetry Category of the Next Generation Indie Book Awards. Her first poetry collection, *After the Fairy Tale*, was published in 2007 (*Main Street Rag*). &nbsp; Georgia poet Linda Lee Harper describes Sherbondy's new collection: &ldquo;This is a musical poet who compellingly voices the complex strains of love, grief and survival. Her intimate and darkly memorable poems echo with regret for what breaks our hearts and spirits, but these brave poems also reverberate with stubborn hope.&rdquo; &nbsp; *Weary Blues* is now available through Big Table Publishing, ISBN: 978-0-9842473-8-7. The book is \$12.00 and can be ordered directly from the author at [www.maureensherbondy.com](http://www.maureensherbondy.com) or from the publisher at <http://www.bigtablepublishing.com/chaptitles.html> , and also at select independent booksellers. &nbsp; Media Contact: Maureen Sherbondy Phone: (919) 847-9108 321 Jellison Court Raleigh, NC&nbsp; 27615 msherbondy@nc.rr.com [www.maureensherbondy.com](http://www.maureensherbondy.com) [www.bigtablepublishing.com/chaptitles.html](http://www.bigtablepublishing.com/chaptitles.html) &nbsp; &nbsp; Review Copies and Interviews Available &nbsp; &nbsp; # [www.prsurvival.com](http://www.prsurvival.com) &nbsp;

## About the Author

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